

Background

The use of topical tenofovir gel for HIV PrEP has been shown to reduce the incidence of HSV-2-infection by 51% in women in the Caprisa 004 Study. Oral tenofovir-based PrEP also reduced HSV-2 acquisition by 28% among heterosexual men and women in the Partners PrEP study. No reduction of HSV-2 incidence was reported in the Iprex study among MSM with daily TDF/FTC but adherence was low. We wished to assess the impact of on demand TDF/FTC for PrEP on HSV-1/2 incidence in the ANRS IPERGAY PrEP trial among MSM.

Methods

Stored serum samples from participants enrolled in the blinded phase (TDF/FTC or placebo) of the ANRS Ipergay trial were tested at baseline and at their last visit for HSV-1 and HSV-2 antibodies using serological tests (BioPlex 2200 HSV-1 & HSV-2 IgG, Biorad).

We also studied the shedding of HSV-2 in anal swab from HSV-2 seropositive patients. HSV1/HSV2 (HSV1 HSV2 VZV R-gene™ kit Argene) PCR was performed at baseline, M6 and M12.

Table 1. Population characteristics at baseline

	TDF/FTC n=199	PLACEBO n=201
Age (years), (median, IQR)	35.4 [29.2;43.4]	34.2 [28.5;42.0]
Sex (male)	100%	100%
Homosexual	189 (95%)	197 (98%)
Bisexual	10 (5%)	4 (2%)
Circumcision	38 (19%)	41 (20%)
STI* (Sexually Transmitted Infection)	49 (25%)	62 (31%)
No. sexual partners (last 2 months) (median, IQR)	8 [5-17]	8 [6-16]
No. sexual acts (last 4 weeks) (median, IQR)	10 [6-18]	10 [5-15]

* Chlamydia, gonorrhea or syphilis

Results

Of the 400 participants (199 in the TDF/FTC arm and 201 in the placebo arm), **70% (280/396*) were tested HSV-1 seropositive and 39% (155/397**) HSV-2 seropositive at baseline.** Only 18% were seronegative for both HSV-1 and HSV-2.

Table 2. Behavioral characteristics of men with positive HSV-1 serology at enrollment

	HSV-1 n=280	No HSV-1 n=116	p
No. sexual partners (last 2 months) (median, IQR)	10 [5.0;17.3]	6.7 [3.3;12.0]	0.001
No. sexual acts (last 4 weeks) (median, IQR)	11 [6 ; 20]	8 [4 ; 15]	0.0004
Condom use in men with receptive anal sex (last 4 weeks)	21/204 (10%)	21/85 (25%)	0.002
STI at enrollment	73/280 (26%)	36/116 (31%)	0.31

* 4 participants with indeterminated HSV -1 serology

Table 3. Behavioral characteristics of men with positive HSV-2 serology at enrollment

	HSV-2 n=155	No HSV-2 n=242	p
No. sexual partners (last 2 months) (median, IQR)	10 [6.0;20.0]	8.0 [4.0;15.0]	0.0003
No. sexual acts (last 4 weeks) (median, IQR)	10 [6.0;18.0]	10 [5.0;16.0]	0.37
Condom use in men with receptive anal sex (last 4 weeks)	10/111 (9%)	32/180 (18%)	0.04
STI at enrollment	47/155 (30%)	62/242 (26%)	0.31

** 3 participants with indeterminated HSV -2 serology

Incidence of HSV-1 and HSV-2 during the follow-up and impact of TDF/FTC

Of the 108 HSV-1-seronegative participants with available samples after enrollment, median follow-up of 10.2 months (IQR: 6.2-20.5), **14 seroconverted for HSV-1. Overall HSV-1 incidence was 11.7 per 100 person-years**; 16.2% (95% CI: 7.4%; 30.8%) in the TDF/FTC arm versus 7.8% (95% CI: 2.5%;18.2%) in the placebo arm (p=0.19).

For HSV-2, out of the 218 HSV-2 seronegative participants with samples after enrollment, **19 seroconverted for HSV-2** after a median follow up of 10.2 months. **Overall incidence of HSV-2 infection was 7.6 per 100 person-years**; 8.1% (95% CI: 4.0%; 14.5%) in the TDF/FTC arm versus 7.0% (95% CI: 3.0%; 13.7%) in the placebo arm (p=0.75).

We found no difference in the proportion of participants acquiring HSV-1 or HSV-2 between TDF/FTC group and Placebo group, even after adjusting for the number of pills taken (< or ≥ 15 pills/month).

HSV-2 shedding

HSV-2 shedding was analyzed in 58 participants with available anal samples (28 in the placebo arm and 30 in the TDF/FTC arm). Only 3 patients had HSV-2 positive PCR, 1 at baseline (4 900 copies/ml), 1 at M12 (115 500 copies/ml) and 1 at M6 (2 816 000 copies/ml) and M12 (595 000 copies/ml), the 2 latter being in the TDF/FTC arm.

Conclusions

The incidence of HSV-1 and HSV-2 was high in these high risk MSM using PrEP.

On demand oral PrEP with TDF/FTC failed to reduce HSV-1/2 incidence in this population.

No case of HIV acquisition was observed in subjects who seroconverted for HSV-1 or HSV-2.

Bibliography

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